

WHAT IS A RELAPSE PREVENTION PLAN?



TRIGGERS



SPONSOR



SUPPORT

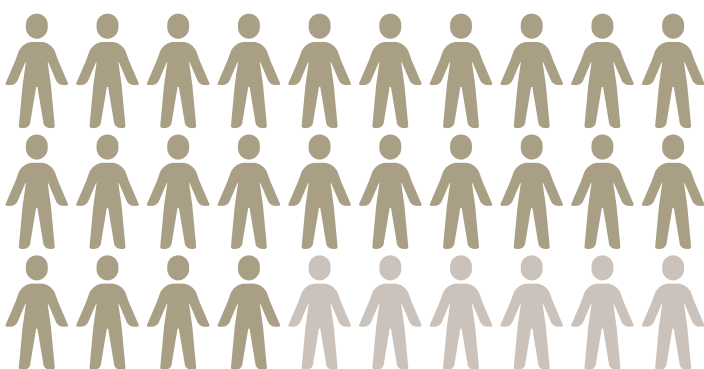


MEETINGS



80%

WITH AN
AFTERCARE
PLAN



BREAK THE
ADDICTION
CYCLE

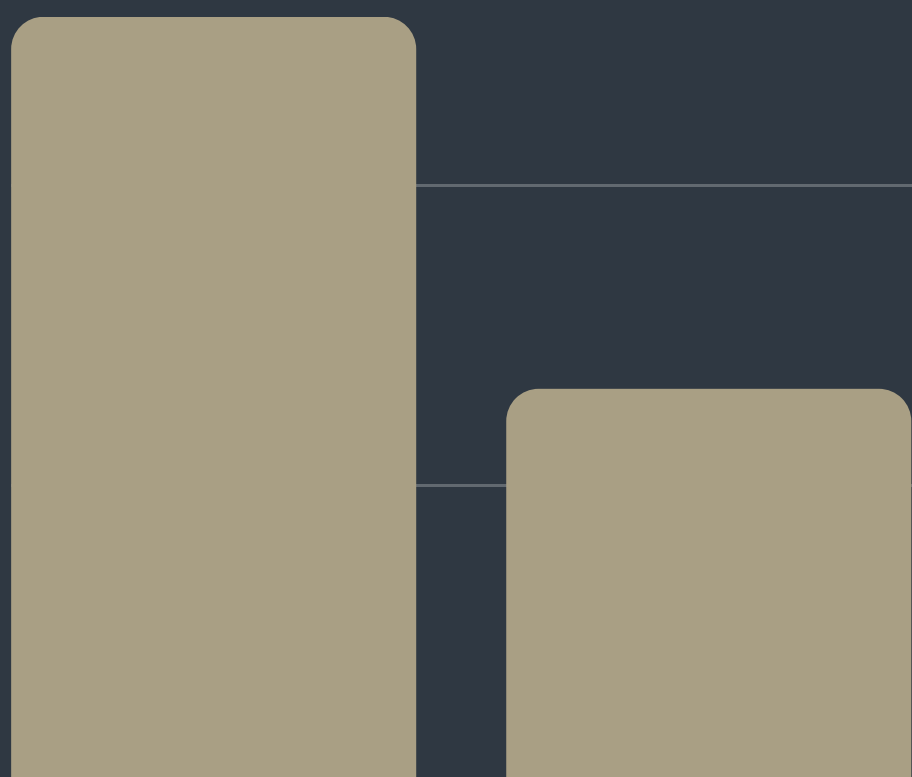
ACHIEVED SOBRIETY

75%

50%

25%

0%



WITH PLAN

NO PLAN

