

How Does Having An Alcoholic Parent Affect A Child?



1

7 x More Likely To Develop Alcohol Problem

More likely to drink more, younger. More resistant to the effects of alcohol. More likely to use alcohol as coping mechanism. Greater risk of additional addictions, e.g. tobacco, opioid, food.

2

Increased Mental Health Problems



Greater risk of mood disorders and suicidal ideation. Greater risk of low self-esteem. Vulnerable to depression & anxiety.

Less Successful Lives

Less likely to finish school. Struggle with decision making. Increased incidence of crime.

3



4

Difficult Relationships

Greater incidence of conflict inside the family. Difficulty understanding boundaries. Greater incidence of anti-social behaviour.