



DAILY AGENDA

FRIDAY 26TH MARCH 2021

7.00am – 8.30am **Wake Up/ Breakfast**

8.15am **Medication**

Meditation/Feelings Check - (Education Room)

9.15am – 10.00am

Key work session (Stage1)

(name redacted)

Topic Group Step1/A/c (Education Room)

10.30am – 12.30pm

(Client Forum - 12.30pm – 1.00pm)

1.00pm – 2.00pm Lunch

Process Group Session (Education Room)

2.00pm – 3.30pm

Keywork session (One to One Lounge)

tbc

5.30pm – 6.30pm Evening Meal

Recovery Link Zoom AA (Education Room)

7.45pm – 9.00pm Recovery Practitioner

Clients are reminded to follow the Abbeycare guidelines.

During the COVID 19 Pandemic



DAILY AGENDA

MONDAY 22ND MARCH 2021

7.00pm - 8.30am **Wake Up & Breakfast**

8.15am - 9.15am **Medication**

Meditation/Feelings Check (**Education Room**)

9.15am-10.00am

Keyword Session Stage 1

(name redacted)

Client Graduation (Education Room)

10.30am

Client Step 1 & A/C Topic Group (Education Room)

10.30am - 1.00pm (Paula)

Lunch

1.00pm - 2.00pm

Process Group (Education Room)

2.00pm - 3.15pm (Paula)

Individual Counseling Session (2nd Floor Lounge)

3.30pm - 4.30pm

4.30pm - 5.30pm

Keyword Session (One to One Lounge)

3.30pm - 4.15pm (name redacted) - Chris

4.00pm - 4.45pm (name redacted) - Lucy

4.45pm - 5.30pm

Evening Meal

5.30pm - 6.30pm

Keyword Session (One to One Lounge)

6.15pm – 7.00pm (name redacted) – Mark

6.45pm - - 7.30pm (name redacted) – Chris

Aftercare Group 7.00pm (Group Room)

Recovery CA Zoom Meeting (Education Lounge)

7.45pm – 9.00pm Recovery Practitioner



DAILY AGENDA

SATURDAY 20TH MARCH 2021

7.30am - 8.30am **Wake Up/Breakfast**

8.15am -9.15am **Medication**

9.15am – 10.00am **Meditation/Feelings Check
& Client Graduation** (name redacted)

Keywords & Check In Sessions(Week 1 clients)

(name redacted)

12 Step Recovery Zoom meeting (Group Room)

10.30am – 12.00pm

Keyword one to one Session

12.15pm – 1.00pm – (name redacted) - Chris

1.00pm –2.00pm Lunch

Walk & Talk

2.00pm – 3.00pm

Recovery Entertainment & Quiz (Group Room-Mr Mark)

3.30pm -5.30pm

5.30pm – 6.30pm Evening Meal

Keyword one to one Session

6.15pm – 7.00pm (name redacted) - Chris

Community Check (Clients Lounge)

7.30pm

*Clients are reminded to follow the Abbeycare guidelines
During the COVID 19 Pandemic*



DAILY AGENDA

SUNDAY 21ST MARCH 2021

8.00am - 9.00am – Wake Up/ Breakfast

9.00am – 10.00am Medication

Feelings Check (**Group Room**)

10.00am – 10.30am

Keyword Sessions & Check-in (Week 1 Clients)

(name redacted)

Recovery DVD (10 x Identification points)

(Old Before Our Time)

11.00am – 12.30pm (Group Room)

Brunch

1.00pm – 2.00pm

Client Check - In

2.15pm

Evening Meal

5.00pm – 6.00pm

Keyword Sessions One to One

6.00pm – 6.45pm – (name redacted) - Craig

N/A Zoom Meeting (Group Lounge)

6.45pm - 8.00pm

Ask it Basket (Client Lounge) 8.15pm

Clients are reminded to follow the Abbeycare guidelines.

During the COVID 19 Pandemic



DAILY AGENDA

THURSDAY 25TH MARCH 2021

7.00am – 8.30am **Rise & Shine Breakfast**

8.15am – 9.15am **Medication**

Morning Meeting (Education Room)

9.15am - 10.00am Meditation/ Feelings Check

9.30am - **Client Graduation (name redacted)**

Keyword Session W/K1

Susan – Louise - Andy

Group Session 12 Step/CBT (Education Room)

10.30am – 1.00pm

1.00pm – 2.00pm Lunch

Group Session 12 Step/CBT (Education Room)

(Education Room)

2.00pm – 3.30pm

Evening Meal

5.30pm – 6.30pm

Peer Forum (Client Lounge)

7.30pm

Clients are reminded to maintain a safe social Distance During The COVID-19 Pandemic



DAILY AGENDA

TUESDAY 23RD MARCH 2021

7.00am - 8.30am **Wake Up/Breakfast**

8.15am - 9.15am **Medication**

Meditation/Feelings Check

9.15am - 10.15am (**Education Room**)

Keyword session (Stage 1)

(name redacted)

Client Step 1 / Topic Group (Education Room) Paula

10.30pm - 1.00pm

1.00pm - 2.00pm Lunch

Process Group (Education Room) Paula

2.00pm - 3.30pm

Clients Aftercare Presentation

4.00pm - (name redacted)

Keyword Session (One to One Room)

4.30pm - 5.15pm (name redacted) - Jodie

Individual Counseling Session (2nd Floor Lounge)

3.45pm - 4.30pm

4.45pm - 5.30pm

5.30pm - 6.30pm Evening Meal

Keyword Session (One to One Room)

6.15pm - 7.00pm (name redacted) - Eddie

7.30pm - **Community Check-In (Client Lounge)**

Clients are reminded to follow the Abbeycare guidelines.

During the COVID 19 Pandemic



DAILY AGENDA

WEDNESDAY 24TH MARCH 2021

7.00am – 8.30am **Wake Up/ Breakfast**

8.30am – 9.15am **Medication**

Meditation/Feelings Check - (Education Room)

9.15am – 10.15am

Keyword session (W/K1)

(name redacted) – (name redacted) - (name redacted)

Group Session CBT (Education Room)

10.30am – 1.00pm (Marie McGuire)

1.00pm – 2.00pm Lunch

Group Session CBT (Education Room)

2.00pm – 3.30pm (Marie McGuire)

Client Aftercare Plan (Education Room)

4.00pm - (name redacted)

Keyword session (One to One Lounge)

4.45 pm – 5.30pm (name redacted) - Eddie

Evening Meal

5.30pm – 6.30pm

Keyword session (One to One Lounge)

6.15pm – 7.00pm (name redacted) - Jodie

Recovery Link Zoom AA (Education Room)

7.45pm – 9.00pm Recovery Practitioner

Clients are reminded to follow the Abbeycare guidelines During the COVID 19 Pandemic