



## **DAILY AGENDA**

**FRIDAY 26<sup>TH</sup> MARCH 2021**

7.00am – 8.30am **Wake Up/ Breakfast**

8.15am **Medication**

**Meditation/Feelings Check - (Education Room)**

9.15am – 10.00am

***Key work session (Stage1)***

(name redacted)

**Topic Group Step1/A/c (Education Room)**

10.30am – 12.30pm

***(Client Forum - 12.30pm – 1.00pm)***

**1.00pm – 2.00pm Lunch**

**Process Group Session (Education Room)**

2.00pm – 3.30pm

**Keywork session (One to One Lounge)**

tbc

***5.30pm – 6.30pm Evening Meal***

**Recovery Link Zoom AA (Education Room)**

7.45pm – 9.00pm Recovery Practitioner

*Clients are reminded to follow the Abbeycare guidelines.*

*During the COVID 19 Pandemic*



## **STAFF TEAM**

**FRIDAY 26<sup>TH</sup> MARCH 2021**

*Clients are to retire no later than 12.00am to help establish a good sleeping pattern.*

- Operations Director: Liam Mehigan
- Registered Manager: Douglas McFarlane
- Clinical Specialist: Dr. S. Conroy
- Therapist: Paula Shields / Elaine Glennon
- Stage 1 Co-Ordinator: Catherine Sheernan
  
- Day Senior Recovery Practitioner: Sean
- Day Recovery Practitioner: Steven
- Day Recovery Practitioner: Josh
- Day Recovery Practitioner: Elizabeth 10am – 6pm
- Day Recovery Practitioner: Craig 5pm - 10pm
- Housekeeper: Michelle
- Night Recovery Practitioner: Allan /Pamela

*Clients are reminded to follow the Abbeycare guidelines.*

*During the COVID 19 Pandemic*



## **DAILY AGENDA**

### **MONDAY 22<sup>ND</sup> MARCH 2021**

7.00pm - 8.30am **Wake Up & Breakfast**

8.15am - 9.15am **Medication**

Meditation/Feelings Check (**Education Room**)

9.15am-10.00am

**Keyword Session Stage 1**

(name redacted)

**Client Graduation (Education Room)**

10.30am

**Client Step 1 & A/C Topic Group (Education Room)**

10.30am - 1.00pm (Paula)

**Lunch**

1.00pm - 2.00pm

**Process Group (Education Room)**

2.00pm - 3.15pm (Paula)

**Individual Counseling Session (2<sup>nd</sup> Floor Lounge)**

3.30pm - 4.30pm

4.30pm - 5.30pm

**Keyword Session (One to One Lounge)**

3.30pm - 4.15pm (name redacted) - Chris

4.00pm - 4.45pm (name redacted) - Lucy

4.45pm - 5.30pm

**Evening Meal**

5.30pm - 6.30pm

**Keyword Session (One to One Lounge)**

6.15pm – 7.00pm (name redacted) – Mark

6.45pm - - 7.30pm (name redacted) – Chris

**Aftercare Group 7.00pm (Group Room)**

**Recovery CA Zoom Meeting (Education Lounge)**

7.45pm – 9.00pm Recovery Practitioner



*Clients are encouraged to retire around 12.00am to help establish a good sleeping pattern*

**TODAY'S TEAM**

**MONDAY 22<sup>ND</sup> MARCH 2021**

- Operations Director: Liam Mehigan
- Registered Manager: Douglas McFarlane
- Clinical Specialist: Dr Conroy
- Therapist: Paula Shields
- Week 1 Facilitator: Catherine Sheernan
- Day Senior Recovery Practitioner: Lucy
- Day Recovery Practitioner: Mark
- Day Recovery Practitioner:
- Day Recovery Practitioner: Mark Rafferty 10am / 6pm
- Day Recovery Practitioner: 5pm/10pm

- Night Recovery Practitioner: Josh/Alan
- Housekeeper: Mia



## **DAILY AGENDA**

### **SATURDAY 20<sup>TH</sup> MARCH 2021**

7.30am - 8.30am **Wake Up/Breakfast**

8.15am -9.15am **Medication**

9.15am – 10.00am **Meditation/Feelings Check  
& Client Graduation** (name redacted)

**Keywords & Check In Sessions(Week 1 clients)**

(name redacted)

**12 Step Recovery Zoom meeting (Group Room)**

10.30am – 12.00pm

**Keyword one to one Session**

12.15pm – 1.00pm – (name redacted) - Chris

**1.00pm –2.00pm Lunch**

**Walk & Talk**

2.00pm – 3.00pm

**Recovery Entertainment & Quiz (Group Room-Mr Mark)**

3.30pm -5.30pm

**5.30pm – 6.30pm Evening Meal**

**Keyword one to one Session**

6.15pm – 7.00pm (name redacted) - Chris

**Community Check (Clients Lounge)**

7.30pm

*Clients are reminded to follow the Abbeycare guidelines*

*During the COVID 19 Pandemic*



## **TODAY'S TEAM**

**SATURDAY 20<sup>TH</sup> MARCH 2021**

*Clients are reminded to follow the Abbeycare guidelines  
During the COVID 19 Pandemic*

- Day Senior Recovery Practitioner: Lucy
- Day Recovery Practitioner: Josh
- Day Recovery Practitioner: Chris
- Day Recovery Practitioner: Tony Stenton 5pm / 10pm
- Day Recovery Practitioner: Mark Rafferty 10am / 6pm
- Night Recovery Practitioner: Aileen Leishman / Colin Eathore

**Clients are encouraged to retire around 12pm to establish good sleeping pattern**



## **DAILY AGENDA**

### **SUNDAY 21<sup>ST</sup> MARCH 2021**

8.00am - 9.00am – Wake Up/ Breakfast

9.00am – 10.00am Medication

Feelings Check (**Group Room**)

10.00am – 10.30am

**Keyword Sessions & Check-in (Week 1 Clients)**

(name redacted)

**Recovery DVD (10 x Identification points)**

**(Old Before Our Time)**

11.00am – 12.30pm (Group Room)

**Brunch**

1.00pm – 2.00pm

**Client Check - In**

2.15pm

**Evening Meal**

5.00pm – 6.00pm

**Keyword Sessions One to One**

6.00pm – 6.45pm – (name redacted) - Craig

**N/A Zoom Meeting (Group Lounge)**

6.45pm - 8.00pm

**Ask it Basket (Client Lounge) 8.15pm**

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*During the COVID 19 Pandemic*





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During the COVID 19 Pandemic*

## **TODAY'S TEAM**

**SUNDAY 21<sup>TH</sup> MARCH 2021**

- Day Senior Recovery Practitioner: Lucy
- Day Recovery Practitioner: Mark S
- Day Recovery Practitioner: Josh
  
- Day Recovery Practitioner: Chris 10am / 6pm
- Day Recovery Practitioner: Craig 5pm/10pm
  
- Night Recovery Practitioner: Aileen / Colin

 <https://www.facebook.com/Abbeycarefoundation>

 <https://twitter.com/Abbeycare>

**Clients are encouraged to retire around 12pm to establish good sleeping pattern**



## **DAILY AGENDA**

**THURSDAY 25<sup>TH</sup> MARCH 2021**

7.00am – 8.30am **Rise & Shine Breakfast**

8.15am – 9.15am **Medication**

### **Morning Meeting (Education Room)**

9.15am - 10.00am Meditation/ Feelings Check

9.30am - **Client Graduation (name redacted)**

### **Keyword Session W/K1**

Susan – Louise - Andy

### **Group Session 12 Step/CBT (Education Room)**

10.30am – 1.00pm

**1.00pm – 2.00pm Lunch**

### **Group Session 12 Step/CBT (Education Room)**

**(Education Room)**

2.00pm – 3.30pm

### **Evening Meal**

5.30pm – 6.30pm

### **Peer Forum (Client Lounge)**

7.30pm

*Clients are reminded to maintain a safe social Distance During The COVID-19 Pandemic*



## **TODAY'S TEAM**

**THURSDAY 25<sup>TH</sup> MARCH 2021**

- Operations Director: Liam Mehigan
- Service Manager: Douglas McFarlane
- Clinical Specialist: Dr. S. Conroy
- Therapist: Marie McGuire / Paula Shields
- Stage 1 Co-Ordinator: Catherine Shreenan
- Day Recovery Practitioner: Sean
- Day Recovery Practitioner: Steven
- Day Recovery Practitioner: Josh
- Day Recovery Practitioner: Brian 10am/6pm
- Day Recovery Practitioner: Tony
- Night Recovery Practitioner: Colin/Aileen
- Housekeeper: Marie

***Clients are reminded to maintain a safe social Distance.  
During The COVID-19 Pandemic***



## **DAILY AGENDA**

### **TUESDAY 23<sup>RD</sup> MARCH 2021**

7.00am - 8.30am **Wake Up/Breakfast**

8.15am - 9.15am **Medication**

**Meditation/Feelings Check**

9.15am - 10.15am (**Education Room**)

**Keyword session (Stage 1)**

(name redacted)

**Client Step 1 / Topic Group (Education Room)** Paula

10.30pm - 1.00pm

**1.00pm - 2.00pm Lunch**

**Process Group (Education Room)** Paula

2.00pm - 3.30pm

**Clients Aftercare Presentation**

4.00pm - (name redacted)

**Keyword Session (One to One Room)**

4.30pm - 5.15pm (name redacted) - Jodie

**Individual Counseling Session (2<sup>nd</sup> Floor Lounge)**

3.45pm - 4.30pm

4.45pm - 5.30pm

**5.30pm - 6.30pm Evening Meal**

**Keyword Session (One to One Room)**

6.15pm - 7.00pm (name redacted) - Eddie

7.30pm - **Community Check-In (Client Lounge)**

*Clients are reminded to follow the Abbeycare guidelines.  
During the COVID 19 Pandemic*



## **TODAY'S TEAM**

**TUESDAY 23<sup>RD</sup> MARCH 2021**

**Clients are encouraged to retire around 12.00am to help establish a good sleeping pattern.**

- Operations Director: Liam Mehigan
- Service Manager: Douglas McFarlane
- Clinical Specialist: Dr Conroy
- Therapist: Paula Shields
  
- Shift Senior Recover Practitioner: Eddie
- Day Recovery Practitioner: Jodie
- Day Recovery Practitioner: Josh
- Day Recovery Practitioner: Brian 10am/6pm
- Day Recovery Practitioner: Tony 5pm/10pm
- Night Shift Recovery Practitioner: Aileen / Lucy
- Housekeeper: Marie L

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During the COVID 19 Pandemic***



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<https://twitter.com/Abbeycare>



## **DAILY AGENDA**

### **WEDNESDAY 24<sup>TH</sup> MARCH 2021**

7.00am – 8.30am **Wake Up/ Breakfast**

8.30am – 9.15am **Medication**

**Meditation/Feelings Check - (Education Room)**

9.15am – 10.15am

**Keyword session (W/K1)**

(name redacted) – (name redacted) - (name redacted)

**Group Session CBT (Education Room)**

10.30am – 1.00pm (Marie McGuire)

**1.00pm – 2.00pm Lunch**

**Group Session CBT (Education Room)**

2.00pm – 3.30pm (Marie McGuire)

**Client Aftercare Plan (Education Room)**

4.00pm - (name redacted)

**Keyword session (One to One Lounge)**

4.45 pm – 5.30pm (name redacted) - Eddie

***Evening Meal***

**5.30pm – 6.30pm**

**Keyword session (One to One Lounge)**

6.15pm – 7.00pm (name redacted) - Jodie

**Recovery Link Zoom AA (Education Room)**

7.45pm – 9.00pm Recovery Practitioner

*Clients are reminded to follow the Abbeycare guidelines During the COVID 19 Pandemic*



## **STAFF TEAM**

**WEDNESDAY 24<sup>TH</sup> MARCH 2021**

*Clients are to retire no later than 12.00am to help establish a good sleeping pattern*

- Operations Director: Liam Mehigan
- Registered Manager: Douglas McFarlane
- Clinical Specialist: Dr. S. Conroy
- Therapist: Marie McGuire / Paula Shields
- Stage-1 Co-Ordinator: Catherine Shreenan
  
- Day Senior Recovery Practitioner: Eddie
- Day Recovery Practitioner: Jodie
- Day Recovery Practitioner: Chris
- Day Recovery Practitioner: Elizabeth 10am – 6pm
- Day Recovery Practitioner: Craig 5pm - 10pm
- Housekeeper: Michelle / Marie
- Night Recovery Practitioner: Alan McIntyre / Pamala Deans

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During the COVID 19 Pandemic*