

4 SYMPTOMS OF ALCOHOLISM

#1: CRAVINGS

- Compulsion to drink
- Obsessing about next drink
- Mental preoccupation



#2: IMPAIRED CONTROL

- Unable to stop drinking
- Drinking more than planned
- Impulsive drinking



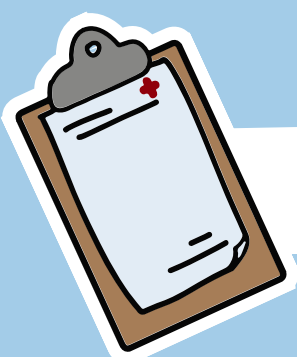
#3: TOLERANCE

- Requiring greater amounts of alcohol to achieve same feelings
- Beginning of physical dependence
- Changes in neurotransmitters



#4: WITHDRAWAL SYMPTOMS

- Nausea, vomiting
- Anxiety, depression
- Headaches
- Sweating
- Risk of seizure



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